

# WORLD HEALTH DAY

## 7<sup>TH</sup> APRIL 2022



# LAUGHTER THERAPY

## 30<sup>TH</sup> APRIL 2022



# YOGA FOR SENIOR CITIZENS & BALASHRAM KIDS

## 14<sup>TH</sup> MAY 2022



# YOGA FOR VOICE CULTURE

## 16<sup>TH</sup> MAY 2022

